

Treatment Guide

Warning on Pharmaceutical Medications

Natural treatments, especially herbs, often interfere with pharmaceutical medications. Moreover, they sometimes interfere most with the pharmaceutical medications used to treat the same ailments; e.g. an herb used for liver treatment may interfere with a pharmaceutical medication also taken for liver treatment.

To some extent, Nature seems to give people a choice between natural treatments or pharmaceutical treatments.

The bottom line is that a person should conduct research if desiring to take both natural treatments and pharmaceuticals for the same ailment. Try to find complementary treatments. If treatments are contradictory, then choose the best one(s) based on high quality, up-to-date information. Keep in mind a few things:

- Pharmaceuticals always have side effects, short term and long term. Sometimes the side effects are, or can be, quite bad.
- Pharmaceuticals are designed primarily to “kill” diseases or get rid of their symptoms.
- Natural treatments are meant to both deal diseases themselves and to strengthen the body to deal with them.

Sections

Universal Treatments & Preventatives

- Anti-Aging
- Blood Thinning
- Inflammation
- Detoxers / Cleaners
- Any Kind of Significant Illness – chronic and serious illness
- Internal Infection

Specific Illnesses

External Ailments

Injuries & Wounds

Side Effects and Complications of Illnesses, Injuries, & Wounds

Poisoning & Toxic Exposure
 Physical Enhancers
 Mental & Emotional Enhancers

Universal Treatments & Preventatives

ANTI-AGING

Use as universal prevention even if not ill.

Products	Most Powerful	Others
	Antioxidants Acetyl-L-carnitine [arginate dihydrochloride] oxygen	berries – all kinds benfotiamine quercetin

BLOOD THINNING

Use as universal prevention even if not ill.

[Thin blood allows the body to accomplish all its prevention, healing, and disease fighting.]		
Products	Most Powerful	Others
*Endokinase Nattokinase 1500 Wobenzym Endozym Med Rutozym IP-6 + Inositol	serrapeptase turmeric nattokinase IP6 + Inositol cayenne	enzymes

INFLAMMATION

Use as universal prevention even if not ill.

[Any infection, allergies, asthma, prostatitis, colitis, heart disease, physical injuries, etc. Virtually all illnesses involve inflammation as a primary cause or secondary cause.]		
Products	Most Powerful	Others
Wobenzym CM Plus Cetyl Myristoleate FYI Endozym Med Rutozym Nutramedix (Samento)	*sulphoraphane *serrapeptase *Samento [TOA-free cat's claw] cat's claw cetyl myristoleate turmeric	Antioxidants quercetin hesperidin astaxanthin icariin ginger

	boswellia boswellia serrata extract ashwagandha neem EDTA proteolytic enzymes bromelain	cayenne chamomile epilobium lobelia MSM Pau d'Arco (Taheebo) Kirta aloe vera DHA NAC <u>Foods:</u> green leafy vegetables bok choy celery beets blueberries pineapple walnuts coconut oil chia seeds flax seeds turmeric ginger acai fruit beans hot peppers sprouts nuts seeds allium vegetables (chives, garlic, and kinds of onions)
--	---	--

DETOXERS / CLEANSERS

Use as universal prevention even if not ill.

Note: Take chlorella when detoxing, because it absorbs toxins in the intestines that go there from the organs and tissues.

WHOLE BODY CLEANSERS / DETOXIFIERS		
Products	Most Powerful	Others
*D-Tox Formula *Whole Body Program Lobelia Tincture [high dose] Liver & Colon Cleanse Program Heel Detox Kit Beyond Energy Heavy Detox Detox Formula Chelex ComforTone Rehemogen ProAlgen	*sulphoraphane chlorella red clover burdock [root]	niacin MSM diatomaceous earth ginger Pau d'Arco (Taheebo) bentonite

CHELATORS		
Products	Most Powerful	Others

	EDTA	NAC garlic chlorella
--	------	----------------------------

INTESTINE CLEANSERS

Products	Most Powerful	Others
<i>*Intestinal Formula #2</i>	bentonite	psyllium diatomaceous earth cascara sagrada# (contracts colon) senna# (contracts colon) green part of aloe vera leaf# (contracts colon) cassia# (contracts colon) yellow dock# (contracts colon)

ORGAN CLEANSERS

Products	Most Powerful	Others
<i>Gallbladder Cleanse Kidney/Bladder Formula Kidney Cleanse Liver Cleanse & Anti-parasite Formula</i>	turmeric	

ANY KIND OF SIGNIFICANT ILLNESS

*Use some treatments from each category below
when chronically or seriously ill.*

UNIVERSAL TREATMENTS

Products	Most Powerful	Others
<i>Beyond C – high dose RM-10 Immuni-T Total-Gest Nutramedix (Samento)</i>	Adaptogens Antioxidants sulphoraphane enzymes serrapeptase cat's Claw samento [TOA-free cat's claw] H2O2 cogumelo do sol mushroom vitamin C – high dose colloidal silver	Use cayenne & lobelia alternatively. Neem oil – capsules, cream graviola sage lavender

IMMUNE SYSTEM BOOSTERS

Products	Most Powerful	Others
<i>Immuni-T Immune Support Formulas 1 & 2 Immune System Formula #3 IP-6 + Inositol ImmPower Echinacea Plus Beyond C</i>	Adaptogens *cat's Claw *samento [TOA-free cat's claw] *IP6 + Inositol *oregano oil serrapeptase Pau d'Arco (Taheebo)	vitamin C – high dose proteolytic enzymes carnivora AHCC (mushrooms) ginger myrrh tribulus terrestris

<i>RM-10</i> <i>Tri Super Flavons</i> <i>Super Tonic</i> <i>Reishi-50</i> <i>Nutramedix (Samento)</i>	carnivora Kirta boswellia echinacea goldenseal elderberry colloidal silver probiotics astragalus root cordyceps duanwood Reishi cogumelo do sol mushroom beta glucans: Beta-1,3-(D) and Beta-1,3/1,6 garlic probiotics germanium turmeric glutathione (doesn't work orally) NAC	frankincense flaxseed oil Taheebo colloidal silver H2O2 lobelia cayenne aloe vera shiitake mushroom maitake mushroom reishi mushroom garlic quercetin agaricus DHA Tulsi diatomaceous earth astaxanthin acai berry goji chamomile
---	--	---

ANTIOXIDANTS		
Products	Most Powerful	Others
<i>Radical Fruits</i> <i>Fruits of Life</i>	astaxanthin glutathione (doesn't work orally)	Resveratrol (anti-aging) superoxide dismutase turmeric lycopene rhododendron caucasium ubiquinol (not Co-Q 10) alpha lipoic acid acai berry NAC phospholipids

ADAPTOGENS		
[Balance all functions: blood pressure, blood sugar, hormones, glandular functions]		
Products	Most Powerful	Others
	ginseng ashwagandha Maca rhodiola (sacra, rosea)	astragalus schizandra reishi mushroom

INTERNAL INFECTION

CHRONIC INFECTION		
Products	Most Powerful	Others
<i>Beyond C – high dose</i> <i>FYI</i> <i>CM Plus Cetyl Myristoleate</i> <i>Echinacea Plus</i> <i>Immune Support Formula #2</i> <i>Wobenzym</i> <i>Immuni-T</i> <i>Nutramedix (Samento)</i>	Adaptogens cat's Claw samento [TOA-free cat's claw] serrapeptase colloidal silver vitamin C – high dose	H2O2 pancreatic enzymes germanium goji cogumelo do sol mushroom carnivora bentonite

BACTERIAL INFECTIONS & VIRAL INFECTIONS

Products	Most Powerful	Others
<i>SuperTonic</i> <i>Echinacea Plus</i> <i>Immune Support Formula #2</i> <i>Wobenzym</i> <i>Immuni-T</i> <i>Beyond C – high dose</i> <i>Nutramedix (Samento)</i>	bentonite Vitamin D zinc Vitamin C selenium (for viruses) glycyrrhizin (from licorice – for viruses) frankincense myrrh oregano oil serrapeptase cat's Claw samento [TOA-free cat's claw] silymarin olive leaf extract grapefruit seed extract AHCC colloidal silver lomatium goldenseal echinacea garlic probiotics astragalus neem berberine ginseng turmeric	Pau d'Arco (Taheebo) tribulus terrestris Pau d'Arco grape seed extract carnivora H2O2 aloe vera rhododendron caucasicum germanium goji NAC chamomile

RESPIRATORY INFECTION

Products	Most Powerful	Others
	*serrapeptase *bacillus clausii *Vitamin D *zinc *Vitamin C *glycyrrhizin (from licorice) *skull cap colloidal silver [nebulized] elderberry mayberry leaf Chinese cedar probiotics – general	Pau d'Arco (Taheebo)

Specific Illnesses

CORONAVIRUSES

Products	Most Powerful	Others
	*glycyrrhizin (from licorice) skull cap elderberry	

	mayberry leaf Chinese cedar	
--	--------------------------------	--

PROSTATE		
Products	Most Powerful	Others
<i>Prostanol</i> <i>CM Plus Cetyl Myristoleate</i> <i>Prostate Formula</i> <i>IP-6 + Inositol</i> <i>Prostate Optimizer</i>	*sulphoraphane selenium epilobium Cetyl Myristoleate phytosterols beta-sitosterol saw palmetto pygeum africanum lycopene tomatoes raspberries watermelon IP6 + Inositol phosphatidylcholine turmeric	Pau d'Arco (Taheebo) ubiquinol (not Co-Q 10) stinging nettle zinc Vitamin D methoxyisoflavone EPA DHA polyphenols phospholipids

CANCER - ALL		
Products	Most Powerful	Others
<i>IP-6 + Inositol</i> <i>Artemisinin (a drug)</i> <i>Nutramedix (Samento)</i>	Make sure the liver is clean & functioning properly. Antioxidants *sulphoraphane beta glucans: Beta-1,3-(D) and Beta-1,3/1,6 IP6 + inositol vitamin D cat's claw samento [TOA-free cat's claw] phytosterols (beta-sitosterol) essiac (tea) flaxseed oil mixed w/cottage cheese turmeric boswellia serrata red clover chaparral chamomile valerian	bentonite Pau d'Arco (Taheebo) carnivora sunshine B-complex omega-3 oils ashwagandha boswellia proteolytic enzymes (especially colon) pancreatic enzymes bromelain maitake mushroom shiitake mushroom reishi mushroom agaricus mushroom cogumelo do sol mushroom germanium MSM artemisia (wormwood extract) frankincense ubiquinol (not Co-Q 10) lycopene quercetin glutathione (doesn't work orally) selenium (especially colon, prostate) oregano oil goldenseal Traditional teas Food: green leafy vegetables cruciferous vegetables berries bright orange fruits & vegetables oranges, papaya, mango, sweet potato, squash, etc.

		graviola (especially colon) herbs & spices lycopene (especially prostate, pancreas) tomatoes raspberries watermelon quercetin onions apples peppers berries black tea garlic
--	--	--

MELANOMA		
Products	Most Powerful	Others
	turmeric	

BLADDER-RENAL INFECTION		
Products	Most Powerful	Others
	cranberries Uva Ursi	blueberries magnesium apple cider vinegar bentonite

BOWELS-COLON		
Products	Most Powerful	Others
	*serrapeptase aloe juice cabbage (especially blended and fermented for a few days)	wheat grass fennel seed cumin slippery elm marshmallow root

RESPIRATORY SYSTEM		
[see Respiratory Infection, also]		
Products	Most Powerful	Others
<i>CM Plus Cetyl Myristoleate</i> <i>Raven (essential oil combo)</i> <i>Lobelia Tincture</i> <i>Sambucol</i> <i>FLUMonia</i> <i>SuperTonic</i>	Vitamin D Vitamin C Zinc cetyl myristoleate lobelia leaf & seed lomatium	eucalyptus globulus eucalyptus radiata Kirta Pau d'Arco licorice root devil's club horehound leaf

BRAIN & NEUROLOGY		
Products	Most Powerful	Others
<i>IP-6 + Inositol</i> <i>Neuro Optimizer</i> <i>Brain Formula</i> <i>Pure Focus</i>	*serrapeptase *phosphatidyl serine *sulphoraphane icariin Antioxidants IP6 + Inositol ginkgo biloba Phospholipids	anthocyanosides 5-HTP L-glatamine SAM-e glycine DHA rhododendron caucasium vinpocetine

	phosphatidyl choline phosphatidylethanolamine phosphatidyl inositol acetyl l-carnitine vinpocetine huperzine A. resveratrol quercetin ashwagandha DHA NAC MSM	turmeric benfotiamine milk thistle gotu kola CoQ10 NADH B-Complex (especially with high B12) onions
--	--	--

HEART – CIRCULATORY SYSTEM

Products	Most Powerful	Others
<i>*Essential Daily Defense</i> <i>*IP-6 + Inositol</i> <i>*Endokinase</i> <i>*Endozym Med</i> <i>Beyond Circulation</i> <i>*Wobenzym</i> <i>Cayenne Tincture</i> <i>Heart Formula</i> <i>Beyond Circulation</i> Cardio Essentials Nattokinase 1500 <i>Rutozym</i>	fish oil icariin IP6 + Inositol phospholipids phytosterols (beta-sitosterol) saw palmetto pygeum africanum vitamin D lysine (3 eggs per day) vitamin C K2 (MK7) cayenne nattokinase EDTA turmeric TMG omega-3 ubiquinol (not Co-Q 10) rhododendron caucasicum hawthorn berry magnesium (taurate) bioflavonoids	Adaptogens TMG rhododendron caucasicum vitamins B6, B12, folate NAC lycopene blueberries DHA proteolytic enzymes garlic chamomile vitamins B6, B12, folate NAC quercetin lycopene blueberries enzymes glutathione (doesn't work orally)

ARTHRITIS

Products	Most Powerful	Others
<i>*CM Plus Cetyl Myristoleate</i> <i>*Endozym Med</i> <i>* FYI</i> <i>Lobelia Tincture</i> <i>Wobenzym</i> <i>Nutramedix (Samento)</i>	<i>*serrapeptase</i> cetyl myristoleate proteolytic enzymes turmeric	Antioxidants cat's Claw Samento [TOA-free cat's claw] hesperidin quercetin turmeric DMSO aloe vera cayenne menthol diatomaceous earth

INTESTINES

Products	Most Powerful	Others
<i>*Intestinal Formula #2</i> <i>*Cetyl Myristoleate</i> <i>CM Plus Cetyl Myristoleate</i>	Anti-inflammatories phytosterols (beta-sitosterol) phosphatidylcholine	psyllium proteolytic enzymes Cat's Claw

<i>Total-Gest enzymes</i> <i>Fiber Perfect</i> <i>Jarro-Dophilus + FOS</i> <i>Inuflora</i> <i>Intestinal Detoxification Program</i> <i>Intestinal Formula #1</i> <i>Fiber Perfect</i> <i>Butyrex</i> <i>Mutaflor (intestinal bacteria)</i>	bacillus clausii boswellia frankincense Beta glucans: Beta-1,3-(D) and Beta-1,3/1,6 aloe vera probiotics bentonite activated charcoal fermented foods	bromelain Pau d'Arco selenium butyric acid conjugated linolenic acid fennel chlorella chamomile marshmallow root juniper slippery elm ginger fenugreek cayenne goldenseal echinacea collagen powder glutathione (doesn't work orally)
--	--	--

STOMACH & DIGESTIVE SYSTEM

Products	Most Powerful	Others
<i>Digestive Tonic</i>	aloe vera	ginkgo echinacea chlorella cayenne ginger peppermint oil dill / dill oil fennel cinnamon Kirta horsetail marshmallow slippery elm yellow dock milk thistle horsetail marshmallow ginger red clover skullcap

GLANDS

Products	Most Powerful	Others
<i>Endosis IC cream</i> <i>Thyromin</i>		l-arginine Myrrh oil Fennel oil Nutmeg oil Myrtle oil Vetiver oil frankincense oil sandalwood oil

LUNG CONGESTION

Products	Most Powerful	Others
<i>Lung Formula</i>	lobelia leaf & seed NAC	melaleuca (alternifolia) oil horehound leaf

		peppermint leaf licorice root diatomaceous earth
--	--	--

LUNG INFLAMMATION

Products	Most Powerful	Others
	Anti-inflammatories NAC	

THROAT

Products	Most Powerful	Others
<i>Throat/Tonsil Formula</i> <i>Lobelia Tincture</i>		thyme sage melaleuca (alternifolia)

FUNGUS

Products	Most Powerful	Others
	black walnut	melaleuca (alternifolia) neem oil tea tree Pau d'Arco (Taheebo) oregano

MOUTH BACTERIA

Products	Most Powerful	Others
		colloidal silver H2O2 chlorophyll thyme clove sage oregano chamomile

URINARY SYSTEM

Products	Most Powerful	Others
<i>Kidney/Bladder Formula</i> <i>K&B</i>		goldenrod uva ursi astaxanthin lomatium

PARASITES

Products	Most Powerful	Others
<i>Clarkia Parasite Cleansing Tincture</i> <i>Old Amish Dewormer</i> <i>PC-123</i>		diatomaceous earth oregano

KIDNEYS / RENAL SYSTEM

Products	Most Powerful	Others
<i>IP-6 + Inositol</i> <i>Kidney Cleanse</i> <i>Kidney/Bladder Formula</i> <i>K&B</i>	IP6 + Inositol	lomatium NAC bentonite

LIVER

Products	Most Powerful	Others
<i>Liver & Colon Cleanse Formula</i> <i>Liver Cleanse & Anti-parasite Formula</i> <i>Lobelia Tincture</i>	bentonite turmeric milk thistle silymarin SAM-e phospholipids phosphatidyl choline (lecithin) astaxanthin alpha lipoic acid Kirta valerian	dandelion root sesquiterpenes phosphatidyl choline lecithin black pepper cayenne chlorogenic acids turmeric NAC

INNER EAR

Products	Most Powerful	Others
<i>Brain Formula</i>		ginkgo biloba H2O2 colloidal silver aloe vera

EYES

Products	Most Powerful	Others
<i>Brain Formula</i> <i>Visual Ocuity</i> <i>Vision Optimizer</i>	euphrasia officinalis (EyeBright) fennel seed goldenseal root	ginkgo biloba quercetin colloidal silver astaxanthin benfotiamine lutein

BLOOD CLOTS[\[see Blood Thinning\]](#)**SINUSES**

Products	Most Powerful	Others
	goldenseal root (internal wash) mullein leaf	

COLD / FLU

Products	Most Powerful	Others
<i>*Echinacea Plus</i> <i>*SuperTonic</i> <i>*Kyolic</i>	elderberry Vitamin D Vitamin C zinc	Pau d'Arco (Taheebo) vitamin D3 echinacea angustifolia root echinacea purpurea seed colloidal silver Tulsi garlic white onion ginger root horseradish root burdock root

HIGH BLOOD PRESSURE

Products	Most Powerful	Others
	Blood Thinners	cat's claw Pau d'Arco benfotiamine diatomaceous earth bioflavonoids chamomile

ALLERGIES

Products	Most Powerful	Others
<i>Lobelia Tincture</i>		ginger (tea) w/ black sugar MSM

HEPATITIS

Products	Most Powerful	Others
		catechin

DIABETES – INSULIN RESISTANCE

Products	Most Powerful	Others
*IP6 + Inositol	IP-6 + Inositol Beta glucans: Beta-1,3-(D) and Beta-1,3/1,6 sulphoraphane *magnesium *potassium zinc fiber (beans, glucomannan, etc.)	acetyl-L-carnitine [arginate dihydrochloride] benfotiamine B-complex vitamins hintonia latiflora burdock root chromium [polynicotinate] selenium NAC ashwagandha glutathione (doesn't work orally)

AUTO-IMMUNE DISORDERS

Products	Most Powerful	Others
<i>CM Plus Cetyl Myristoleate</i>	*serrapeptase cetyl myristoleate	Pau d'Arco (Taheebo)

PARASITES

Products	Most Powerful	Others
<i>PC-123</i> <i>Para Key</i> [protozoa] <i>Para Plus</i> [protozoa] <i>Verma Key</i> [large parasites] <i>Verma Plus</i> [large parasites]	black walnut green hull fresh garlic papaya seeds phosphatidyl choline	onions kelp cabbage almonds blackberries sauerkraut colloidal silver pumpkin seed garlic wormwood ginger senna leaf

STOMACH/INTESTINAL BACTERIA

Products	Most Powerful	Others
-----------------	----------------------	---------------

	bacillus clausii bentonite	turmeric colloidal silver D.G.L.-500 (licorice)
--	-------------------------------	---

ADRENAL SYSTEM

Products	Most Powerful	Others
		ashwagandha

COGNITIVE DISORDERS (look at 'BRAIN & NEUROLOGY')

Products	Most Powerful	Others
	valerian	EDTA

LYMPH SYSTEM

Products	Most Powerful	Others
		ginger (cleanser) burdock root

KIDNEY STONES

Products	Most Powerful	Others
	chanca piedra magnesium	dandelion root uva ursi kidney beans celery goldenrod

ARTHRITIS

[see Bones/Joints/Cartilage in Injuries & Wounds]

Products	Most Powerful	Others

STDs

Products	Most Powerful	Others
		Pau d'Arco (Taheebo)

External Ailments

SKIN SORES & DISORDERS

Products	Most Powerful	Others
*Jjoba & Tea Tree Oil *Anti-Infection Formula Bloodroot Paste Lobelia Tincture	colloidal silver aloe vera neem oil tea tree oil calendula bentonite	Oils: jojoba cedarwood elemi eucalyptus (dives) geranium helichrysum lavender lemon myrrh

		tsuga melissa galbanum sage
--	--	--------------------------------------

FUNGUS

[See 'Fungus' above in Specific Illnesses, and note the differences below specific to external ailments.]

Products	Most Powerful	Others
	oregano oil tea tree oil	

SKIN INFECTION

Products	Most Powerful	Others
<i>Anti-Infection Formula</i> <i>Jojoba & Tea Tree Oil</i> <i>Lobelia Tincture</i>	H2O2 colloidal silver lemon oil bentonite	tea tree oil oregano

Injuries & Wounds

BONES / JOINTS / CARTILAGE

Products	Most Powerful	Others
<i>IP-6 + Inositol</i> <i>Bone-UP</i> <i>Bone Restore</i> <i>BioSil</i> <i>Beyond Bone Defense</i> <i>Deep Tissue Oil</i> <i>Chondroitin Sulf Complex</i> <i>CM Plus Cartilage Support</i> <i>*Cetyl Myristoleate</i> <i>CM Plus Cetyl Myristoleate</i> <i>Glucosamine Mega 1000</i> <i>BioSil</i> <i>Wobenzym</i>	*serrapeptase IP6 + Inositol vitamin K2 vitamin D3 cetyl myristoleate glucosamine sulfate (better than glucosamine HCL) chondroitin sulfate turmeric SAM-e collagen boswelia hyaluronic acid proteolytic enzymes	potassium magnesium calcium zinc manganese silicon boron MSM burdock root omega-3 oils cat's claw bromelain methyl B12 hesperidin quercetin diatomaceous earth cayenne menthol wintergreen oil arnica oil

WOUND HEALERS – INCLUDING BURNS

Products	Most Powerful	Others
<i>Bloodroot Paste</i> <i>Jojoba & Tea Tree Oil</i>	*serrapeptase St. John's Wort arnica	powdered sugar cayenne chamomile aloe vera myrrh superoxide dismutase eucalyptus

		lavender
--	--	----------

BLEEDING		
Products	Most Powerful	Others
<i>Cayenne Tincture</i>	cayenne – tincture or powder	

ANTISEPTICS		
Products	Most Powerful	Others
<i>Anti-Infection Formula</i> <i>Jojoba & Tea Tree Oil</i>	H2O2 colloidal silver lemon oil	tea tree oil cayenne

MUSCLES		
Products	Most Powerful	Others
<i>Deep Tissue Oil</i>	serrapeptase DMSO	wintergreen oil menthol

BRUISES – EXTERNAL INFLAMMATION		
Products	Most Powerful	Others
*Cetyl Myristoleate <i>CM Plus Cetyl Myristoleate</i> <i>Wobenzym</i> <i>Nutramedix (Samento)</i>	*serrapeptase St. John's Wort oil turmeric aloe vera boswelia arnica oil calendula oil DMSO	Cat's Claw Samento [TOA-free cat's claw] bromelain orange peel extract (limonene oil) beta sitosterol Epilobium chamomile

Side Effects and Complications of Illnesses, Injuries, & Wounds

BLOOD CLOTS
[see Blood Thinning]

PHYSICAL TENSION		
Products	Most Powerful	Others
<i>Nerve Formula</i>	lobelia valerian root passionflower	blue/black cohosh root skullcap wild yam root

PAIN		
Products	Most Powerful	Others
<i>Nerve Formula</i>	*serrapeptase hot spices	evening Primrose oil

<i>Lobelia Tincture</i>	MSM [may take large amounts] lobelia valerian root passionflower MSM helichrysum	helichrysum wild oregano helichrysum Black Cohosh root blue cohosh root skullcap wild yam root DMSO rub hot spices aloe vera rub coconut oil rub
-------------------------	---	--

FATIGUE		
Products	Most Powerful	Others
		magnesium malate

STRESS / ANXIETY		
Products	Most Powerful	Others
	ashwagandha passionflower Siberian ginseng (eleuthero root)	lavender

SLEEP/INSOMNIA		
Products	Most Powerful	Others
<i>Lobelia Tincture</i> <i>Nerve Formula</i>	valerian bentonite	passion flower chamomile

NAUSEA		
Products	Most Powerful	Others
<i>Digestive Formula</i>	ginger	cinnamon clove basil oregano

MUSCLE SPASM		
Products	Most Powerful	Others
<i>Nerve Formula</i> <i>Lobelia Tincture</i>	lobelia valerian root passionflower	black cohosh root blue cohosh root skullcap wild yam root

DIARRHEA		
Products	Most Powerful	Others
	bacillus clausii	

BONE SPURS		
Products	Most Powerful	Others
	Anti-inflammatories	vitamin D3 vitamin K2

EXTERNAL INFLAMMATION		
Products	Most Powerful	Others
	*serrapeptase	chamomile

	calendula	
--	-----------	--

BREATHING DIFFICULTY

Products	Most Powerful	Others
<i>Lobelia Tincture</i>		lobelia

Poisoning & Toxic Exposure

TOXINS - GENERAL

Products	Most Powerful	Others
	bentonite chlorella	

HEAVY METAL POISONING

Products	Most Powerful	Others
<i>ProAlgen</i> <i>Heavy Detox</i>	chlorella EDTA bentonite clay	

TOXIC MOLDS

Products	Most Powerful	Others
<i>ProAlgen</i>	bentonite clay	

DRUG TOXICITY

Products	Most Powerful	Others
	NAC phosphatidylcholine bentonite clay	

RADIATION

Products	Most Powerful	Others
<i>ProAlgen</i>	chlorella potassium iodide	

ANTI-VENOM

Products	Most Powerful	Others
		basil oil

Physical Enhancers

TESTOSTERONE BOOSTERS

Products	Most Powerful	Others
		tribulus terrestris

		chrysin androstenediol norandrostenedione norandrostenediol tribulus terrestris astaxanthin stinging nettle (nettle root) pygeum tribulus terrestris fenugreek DHEA
--	--	---

Mental & Emotional Enhancers

DEPRESSION		
<i>Products</i>	Most Powerful	Others
	5-HTP SAM-e Vinpocetine	